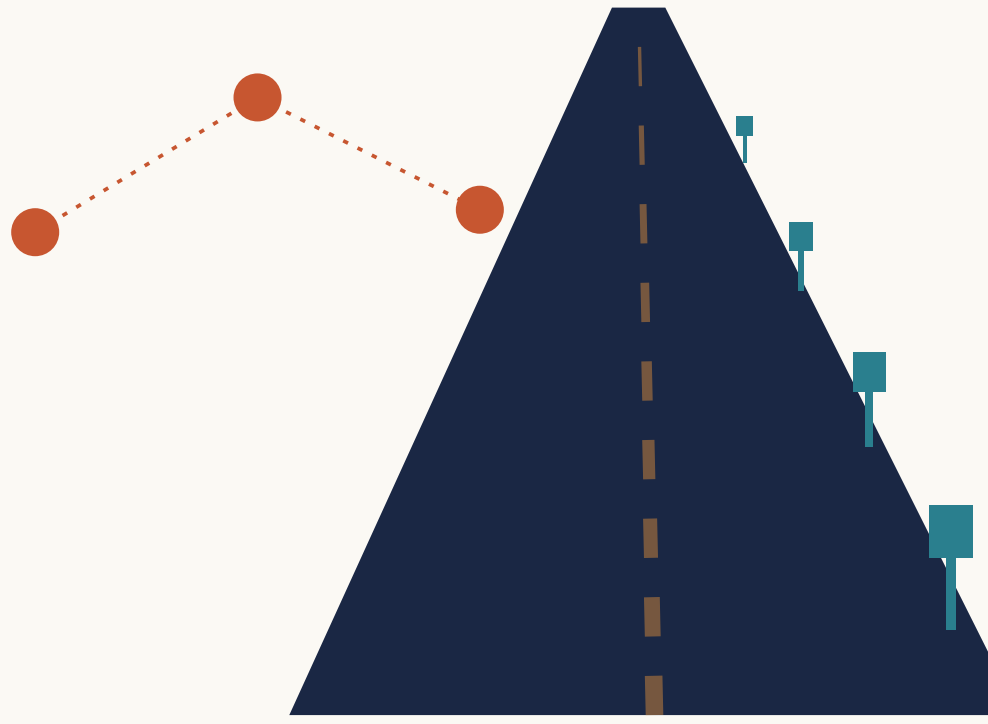
ARDENT WORKSHOP

FREE PRINTABLE FROM ARDENT WORKSHOP

Trip & Load Sheet

One free printable sheet for every load — what it really paid per loaded mile and per total mile, with the empty miles counted.

Print at 100% · one sheet per load · A4 edition



How to use this sheet

A load can look good on the rate con and still pay badly once you count the miles you drove empty to reach the pickup. This one sheet puts both numbers side by side, so you can see what each load really paid.

Start it at the rate con. Fill in the load and the stops when you accept the load, and copy the linehaul, fuel surcharge and any accessorials straight from the paperwork.

Write the times when they happen. Take the arrival and departure times from the gate or the dock, at the time, not from memory a week later. A time you wrote down on the day is one you can stand behind.

Work A to F at delivery. Fill in the loaded miles, then the empty miles to the pickup, then the money, and work down the letters. Line E is what the load looked like it paid per loaded mile; line F is what it paid per mile you actually drove. When F sits below E, that gap is the empty miles talking.

Add up what it cost. Copy the fuel, tolls and other cash costs from your receipts into K, L and M, and total them in N. Letters G to J belong to the full set's sheet, so they are skipped here.

In the example, 168 deadhead miles to the Joliet pickup take the load from $3.077 a loaded mile (line E) to $2.083 a total mile (line F).

> **EVERY NAME AND FIGURE IN THE EXAMPLE IS INVENTED**
>
> R. Okafor, Unit 12, dispatcher Dana Whitlock, Ridgeway Freight Brokers, Greenfield Paper Co., Bluestem DC and every MC number are made up. Phone numbers use the fiction-reserved 555-01xx range and belong to no one. The rates and miles are this invented driver's numbers in a story, not typical or recommended figures.

A note on what this is. A record-keeping set for owner-operators. It organizes your own records; it is not an electronic logging device, not an hours-of-service log, not a DVIR or a substitute for any inspection report you are required to keep, and not legal, tax or compliance advice. Your rate con, carrier agreement and manuals decide every rate, free time, deadline and interval.

EXAMPLE 1 OF 1 One sheet for every load

Trip & Load Sheet — filled-in example

Start this sheet when you accept the load and finish it when you deliver. Lines A to F show what the load **really** paid per mile once the empty miles to the pickup are counted: the rate per loaded mile the load looked like it paid, against the rate per total mile you actually drove for.

The load

Load # / rate con #
› L-4417 / RC-4417-RFB

Broker & MC # (as on the rate con)
› Ridgeway Freight Brokers (fictional), MC-000000

Dispatcher / contact
› Dana Whitlock (fictional), 555-0142

Commodity & weight · truck # / trailer #
› Paper goods, 31,400 lb · Unit 12 / T-3308

Stops — times from the gate or the dock, not from memory

Stop	Shipper / consignee & city	Appointment	Arrived	Departed	BOL / PO #
Pickup	Greenfield Paper Co. (fictional), Joliet IL	Apr 13 10:30	10:12	11:40	PO 88-3140
Extra stop	—	—	—	—	—
Delivery	Bluestem DC (fictional), Columbus OH	Apr 14 07:00	06:42	12:52	BOL 77-2201

What this load really paid — work down the letters A to F

A	Loaded miles	odometer or routing	352
B	Deadhead (empty) miles to the pickup	odometer	168
C	Total miles	= A + B	520
D1	Linehaul	rate con	$760.00
D2	Fuel surcharge	rate con	$98.00
D3	Accessorials earned (detention, layover, stops, TONU)	rate con	$225.00
D	Revenue earned on this load	= D1 + D2 + D3	$1,083.00
E	Rate per loaded mile	= D ÷ A	$3.077
F	**Rate per total mile**	= D ÷ C	**$2.083**

What this load cost you in cash

K	Fuel	receipts	$309.59
L	Tolls, scales, parking	receipts	$46.50
M	Other direct costs on this load	receipts	$0.00
N	Direct costs on this trip	= K + L + M	$356.09

One sheet for every load

Trip & Load Sheet

Start this sheet when you accept the load and finish it when you deliver. Lines A to F show what the load **really** paid per mile once the empty miles to the pickup are counted: the rate per loaded mile the load looked like it paid, against the rate per total mile you actually drove for.

The load

Load # / rate con #

Broker & MC # (as on the rate con)

Dispatcher / contact

Commodity & weight · truck # / trailer #

Stops — times from the gate or the dock, not from memory

Stop	Shipper / consignee & city	Appointment	Arrived	Departed	BOL / PO #
Pickup					
Extra stop					
Delivery					

What this load really paid — work down the letters A to F

A	Loaded miles	odometer or routing	
B	Deadhead (empty) miles to the pickup	odometer	
C	Total miles	= A + B	
D1	Linehaul	rate con	
D2	Fuel surcharge	rate con	
D3	Accessorials earned (detention, layover, stops, TONU)	rate con	
D	Revenue earned on this load	= D1 + D2 + D3	
E	Rate per loaded mile	= D ÷ A	
F	**Rate per total mile**	= D ÷ C	

What this load cost you in cash

K	Fuel	receipts	
L	Tolls, scales, parking	receipts	
M	Other direct costs on this load	receipts	
N	Direct costs on this trip	= K + L + M	

The rest of the set

This sheet tells you what a load paid per mile. It cannot tell you whether that was enough, or work out what a broker still owes you.

THE FREE SHEET, AND THE REST OF THE SET

The paid **Owner-Operator Trucking Records & Cab Reference Card Set** goes on from here. Its full Trip & Load Sheet adds your break-even per mile and the margin on the trip, positive or negative. A **Detention & Lumper Claim Slip** works out the billable detention and the lumper you are owed. A **Settlement Review Slip** lines the settlement up against the rate con, line by line. A fillable PDF calculates those slips as you type. The set also has the fuel & receipt envelope log, maintenance, inspection and incident sheets, cab cards and a 52-week log — in US Letter and A4, plus low-ink editions.

See the full set — $12.95, a one-time purchase, at ardentworkshop.com/products/owner-operator-trucking-records-and-cab-reference-card-set/. Need your cost per mile first? The free cost-per-mile calculator works it out from your own costs: ardentworkshop.com/resources/cost-per-mile-calculator/

See the full range at **ardentworkshop.com**.

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