



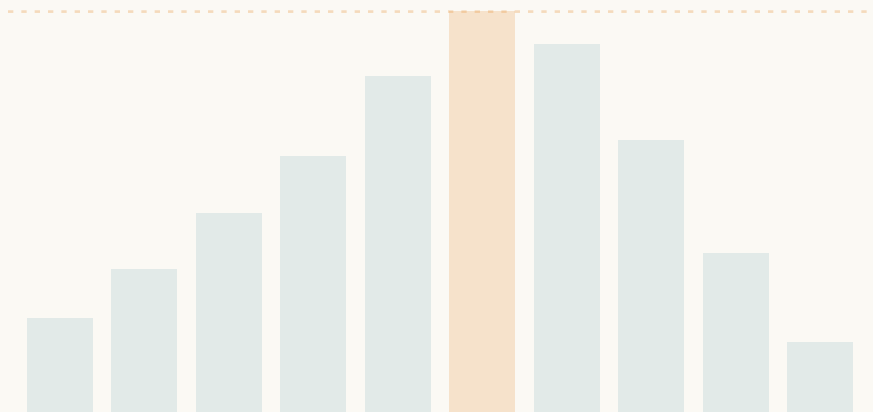
ARDENT WORKSHOP

AN ARDENT WORKSHOP PRODUCT

Free Starter — Headcount Estimator

Turn a forecast into the heads you need — the heart of the full workbook.

Free · no signup



Your free seasonal headcount estimator

This one-page starter is the heart of the full workbook, for a single week: turn a forecast into the labor-hours it takes, then into the heads you need, then into the seasonal hires to add. It's genuinely useful on its own — and the fastest way to feel how the paid workbook sizes a peak before you add the ramp, the roster, and the cost.

How to use it

- 1 Set the two settings. Labor-hours per unit (how long one order, cover, or unit takes) and productive hours per worker a week — the honest hours after breaks and no-shows.
- 2 Enter a week. Forecast volume and your core staff on hand.
- 3 Read the heads. Labor-hours divided by productive hours, rounded up, is the heads you need; minus your core is the seasonal hires to add.
- 4 Try a few weeks. The mini table sizes several weeks at once — the peak row is the most you'll need, your hiring target.

WHAT THE FULL WORKBOOK ADDS

This starter sizes the hire. The full Seasonal & Peak-Season Hiring Workbook adds the parts that make it a plan: a working-back hiring ramp that counts the post-jobs and hire-by dates backward from your opening day, a seasonal roster that computes each hire's fully-loaded cost, a shift-coverage grid, and a dashboard that measures labor against the revenue it supports — plus four PDF guides. [Get the full Seasonal & Peak-Season Hiring Workbook >](#)

A planning tool, not payroll, scheduling, or HR software, and not HR, tax, employment, or legal advice. The example figures are illustrative.