



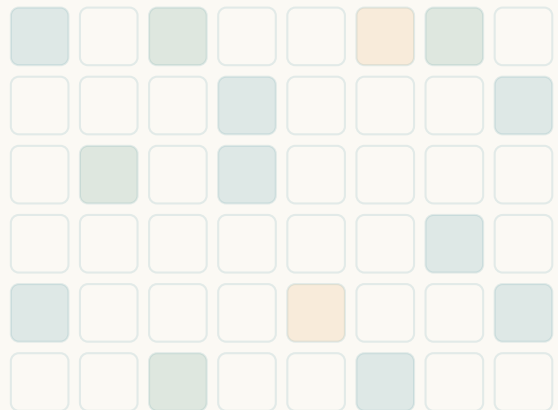
ARDENT WORKSHOP

AN ARDENT WORKSHOP PRODUCT

Free Contractor Bench List

List the contractors you can call on, with rates and availability — free from Ardent Workshop

[Start here](#)



Your free contractor bench list

The simplest way to stop staffing from memory: put the contractors you can call on in one place, with their rate and whether they're free. This free starter is a single tab that does exactly that — a taste of how the full Bench & Capability Tracker turns a rolodex into a searchable bench.

How to use it

- 1 Open Contractor-Bench-Starter.xlsx in Excel, Google Sheets, or LibreOffice.
- 2 List each contractor: their discipline, primary skill, day rate, and whether they're available from the dropdown.
- 3 The 'Available now' count tallies who's free — so a quick scan tells you who to call.

READY FOR THE WHOLE BENCH?

This starter lists one discipline. The full Contractor & Freelancer Bench & Capability Tracker adds a capability matrix (who can do what, at what level), a utilization board that flags who's over-allocated, a Staffing Finder that shows who's qualified AND free for a skill you pick, and a bench-health dashboard — one owned file for Excel, Google Sheets, and LibreOffice. [Get the full Bench & Capability Tracker >](#)

Free starter from Ardent Workshop. The example contractors are fictional and illustrative. This is a planning template, not HR, legal, tax, or worker-classification advice — it plans and tracks your bench, it doesn't classify anyone. Not affiliated with or endorsed by any resource-management software.